# NutriDyn

## UltraBiotic Probiotic Pro

Support for a Healthy Gut Microbiome\*

### UltraBiotic Probiotic Pro Supplementation

The human microbiome is home to trillions of microscopic organisms that can be easily disrupted by common factors such as stress, poor sleep, antibiotic use, and processed food.<sup>1</sup> Probiotics are live microor-ganisms that help recolonize the body's beneficial gut bacteria.<sup>42</sup> The UltraBiotic Probiotic Pro formula contains the highest purity of live microorganisms available, and the bioavailable delivery method contains a 4:1 ratio of *Bifidobacterium* to *Lactobacillus*, which mimics the body's natural balance of good to bad bacteria.<sup>43,4</sup>

UltraBiotic Probiotic Pro is recommended to help restore beneficial microbes in the gut flora.<sup>•</sup> Studies show that a healthy gut microbiome leads to proper nutrient absorption and healthy digestion, which promotes immune and cognitive health.<sup>•</sup>

Supplementation with UltraBiotic Probiotic Pro may also include these additional benefits:

- Supports digestive health\*
- Promotes a balanced gut microbiome\*
- Promotes healthy inflammatory markers<sup>+</sup>
- Supports immune system health\*
- Supports cognitive function and healthy moods\*
- Promotes enhanced nutrient absorption\*

### How UltraBiotic Probiotic Pro Works

Maintaining a healthy gut microbiome is an integral part of staying healthy.<sup>•</sup> UltraBiotic Probiotic Pro combines a specialized blend of beneficial bacteria and numerous potent antioxidants to help the body support a balanced gut flora, a healthy immune system, and proper nutrient absorption.<sup>•5</sup>

#### **Proprietary Blend**

The proprietary blend of fruit powders in UltraBiotic Probiotic Pro, such as pomegranate, blueberry, cranberry, goji, acai, grape, and many others, all contain high levels of antioxidants, polyphenols, vitamin C, and fiber. These potent fruits promote the growth of beneficial gut bacteria, help promote healthy inflammatory markers, support immune health, and improve gut barrier function.<sup>46,7</sup>



#### How UltraBiotic Probiotic Pro Works Continued

#### Probiotic Blend

UltraBiotic Probiotic Pro contains a probiotic blend of Bifidobacterium lactis combined with several Lactobacillus strains and Streptococcus thermophilus. This combination is deliberate, as certain strains work in collaboration with others to provide powerful health benefits.\*8

Bifidobacterium lactis colonizes the colon, where it supports a healthy gut mucosa and healthy inflammatory markers. 49 Studies have suggested that Bifidobacterium lactis can positively impact mood and cognitive function, potentially through its effects on the gut-brain axis.\*10

The lactobacilli strains in UltraBiotic Probiotic Pro include L. acidophilus, L. salivarius, L. paracasei, and L. plantarum. These strains are known for maintaining a healthy balance of gut bacteria, supporting the proper absorption of nutrients from food, and promoting healthy inflammatory markers. • 11,12 They have also been widely studied for their impact on promoting cognitive function and healthy moods.<sup>+13,14</sup>

Streptococcus thermophilus is capable of surviving the harsh conditions of the gut without being destroyed by bile and gastric acid, so it can help maintain a healthy balance of gut bacteria, support proper nutrient absorption, and improve overall digestion. +15,16 Streptococcus thermophilus helps support a healthy immune system by supporting healthy immune cells and, thus, healthy inflammatory markers.<sup>417</sup>

Amount %DV

# Supplement Facts

#### GRAPE

Serving Size: 1 Scoop (8.32 g) Servings Per Container: 30

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Proprietary Blend	416 mg	
Pomegranate fruit powder, cranberry fruit		
powder, blueberry fruit powder, acai fruit		
powder, acerola fruit extract, black currant fruit		
powder, blackberry fruit powder, grape fruit		
powder, lycium fruit powder, maqui fruit		
powder.		
Bifidobacterium lactis (UABIa-12)	40 Billion CFU $^{\dagger}$	
Streptococcus thermophilus (UASt-09)	23 Billion CFU $^{\dagger}$	
Lactobacillus acidophilus (UALa-01)	3 Billion CFU $^{\dagger}$	
Lactobacillus salivarius (LS86)	3 Billion CFU $^{\dagger}$	
Lactobacillus paracasei (UALpc-04)	3 Billion CFU $^{\dagger}$	
Lactobacillus plantarum (UALpc-05)	3 Billion CFU <sup>+</sup>	

**Other Ingredients:** Xylitol, citric acid, natural flavor, calcium silicate, luo han guo fruit (monk fruit) extract.

† At time of manufacture.

**Directions:** Shake well. Mix one scoop (8.32 g) with 6-8 ounces of water daily or as directed by your healthcare practitioner.

Caution: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

#### **References:**

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• These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For more information, visit: www.nutridyn.com